



ArtRetreats PATERNOSTER

Hello, thank you for your interest in [The Paternoster Plein Air Art Retreat 4 – 8 July 2022](#). This is your booking form and needs to be completed and returned to info@artretreats.co.za

Please do not send a jpeg or photograph. For legal purposes it needs to be in Word or PDF format in A4 size.

This retreat is one of a kind and I know you will have a great time painting outdoors and spending some serious painting training indoors. The retreat is not a guided tour with porters and those kinds of luxuries. It's a fun and collective experience.

The nature of plein air is different from all other art making processes. It is personal and enriching. Its best you have had some experience especially in drawing but is not essential. You have to be patient that's all.

The 10% discount assigned to Ajay's students does not apply to related persons (family or friends).

THE BIG IDEA

Sea Shack is about 3 kilometres from Paternoster. I always go look for beautiful places to run. Sometimes I accompany my partner when she goes to Sea Shack to manage the place and then take a run along the path leading to Tietiesbaai, up the hill to the Columbine lighthouse and back to camp. This is when the idea of hosting a plein air at Sea Shack camp in nature in the middle of winter first came to me.

The winter is beautiful in this part of South Africa, and the national park is quiet, peaceful, and lush, the ocean smells are robust, the earth is fresh from the rains and the wind is still. The morning temperatures are a good 7 to 10 degrees warmer than Joburg and the ocean warms more with the rise of the day. It may rain, or not, it still is the Cape. The camp is empty therefore it is asking for this opportunity!

If you would like to experience something completely new, adventurous and unique, it may just be exactly what you want. Winter, fire, food, painting, nature.

WHAT IS PLEIN AIR?

Plein Air is French for 'Open Air', meaning painting outdoors, usually landscape. It was popular, but not originated, with the French impressionists who favoured a more direct approach to painting. These pioneers created their artwork in nature and explored [#sits](#) emotive, albeit harsh elements. Thus, it created vivid, live and passionate artworks in real-time. Painting in nature gives you refreshing nuances that a picture doesn't, but also challenges you because it is not static.

A living landscape

Painting outdoors can be demanding but inspirational as everything changes constantly; light and shadow constantly moves [whenas](#) cloud and sun [movesprogresses](#) overhead. Therefore, there is a time element that one needs to take into consideration. Once you have found and drawn your composition, you cannot stay outdoors for more than 2 hours as the light changes too much. Fortunately for us, we can photograph our composition (arrangement of ocean, rocks and sand) and do more work in-doors, but care must be taken not to diminish its characteristic freshness.

The Nature of Plein Air

Plein air is poignant – it has a different 'feel' than indoor painting due to its directness and speed used. For this reason, we use different brushes in certain ways to capture its essence. It has a looser and less restricted flair to it. For that reason, overworking must be avoided at all costs.

4 Days of Bliss

Besides the sun, the wind, rain and all other elements of the weather in general also plays a role when painting outdoors and must be taken into consideration. It's you in nature, creating – nothing can beat that. There can also be flies, heat, wind, and undesirable factors. But I feel that this combination of positive and negative aspects makes it even more attractive and unique.

Materials and easel are also different from indoors, it should be less and manageable.

All these factors and elements will be dealt with in this 4-day, 5-night course and is aimed at the beginner and intermediate painters.

I structured this course to build a painting gradually, in stages, only once you understand what to do accurately. You will paint outdoors as well as indoors. If the weather turns, we will work indoors.

I will show you how to find the perfect landscape in the surrounding area, draw it and paint it. The first day of training is completely indoors. By the second day you will be ready to have a go outdoors with me, focusing on one very specific task of the day, then come back to the studio to have lunch and correct your work from the morning and prepare for the next day. In the evenings we will visit local restaurants in Paternoster 3km away and Wednesday morning you will return to your place outdoors and complete the next step. Thursday morning will be spent indoors to complete your painting. Lunch will be a celebration of food and fire. The rest of the day can be used to explore paternoster or for rest.

I have booked the whole camp for us.

PATERNOSTER

Paternoster is typical of many seaside towns which started as a primitive settlement due to the abundance of sea life resources for food. The evidence of middens and landfills confirm that the San lived there for thousands of years. The name could have come from the San but is generally accepted as the prayer from the Portuguese sea farers' Our Father. The first European colonizers arrived in the nineteenth century and established Paternoster as a fishing and oceanic by-product settlement.

To the south, Paternoster is bordered by Columbine Nature Reserve, including a light house and Tietiesbaai. On entering the reserve, less than a kilometer away, lies Sea Shack, nestled right against the ocean in a quiet bay. Paternoster is calm and tranquil and beautiful, a place of inspiration.

It is a beautiful town with white fisherman's houses, holiday houses and many tourist attractions. There are plenty of restaurants, galleries, and bric-a-brac shops.

Sea Shack

Sea shack is in nature. It is an eco-village, powered by solar and gas and is off the grid except for its water supply. You won't have a TV, a heater or a hairdryer but you can charge your phone or tablet or laptop.

There is also Wi-Fi, a kitchen with gas stoves and refrigerators to keep your wine cool.

The kitchen is communal, although you will receive your own basket of crockery and cutlery. The dining area can be closed and will be used as our studio.

Ablution consists of showers and toilets which is connected to a septic tank.

There is a fire pit, walking trails, surrounding coves and stunning natural scenery to explore.

The cabins are small, each with a quality queen bed and solar lamp for ablution visits at night. There are 5 cabins steps away from the ocean, 5 cabins behind them, positioned to have partial sea views and another bigger unit to the back. The units are private. You open the door in the morning, and you realize how great life is.

There is a total of 11 spaces available. No animals, spouses or children are allowed. One person per cabin allowed, that makes for gentle living.

Art Program

Art Session 1	<ul style="list-style-type: none"> Plein Air Basics History of Plein Air and Value of Plein Air Challenges of Plein Air Materials Process – Demo and Discussion Finding a Composition Natural Elements. Light, Simplicity Photographs Setting-Up Starting Point Support undercoat Drawing Values, Colours, Finals Warm-Up A study in Drawing Landscapes in and around Sea Shack Composition – viewfinder Tonal Value Mapping
Art Session 2	<ul style="list-style-type: none"> Colour and It's Value and Temperature Basic Colour Mixing in and around Sea Shack Your Palette Preparing your canvas
Art Session 3	<ul style="list-style-type: none"> Finding your Composition Primary Sketching Photographing Modelling Tonal Values
Art Session 4	<ul style="list-style-type: none"> Compositional and Tonal Changes on your painting Colour Mixing Preparing your colours to value and temperature
Art Session 5	<ul style="list-style-type: none"> Painting on site – Colour Set-up Apply colour
Art Session 6	<ul style="list-style-type: none"> Correcting colour and tonal value Define without blending Chiselling and brush strokes
Art Session 7	<ul style="list-style-type: none"> Harmonizing Detail Packing

ITINERARY

	DATE	DAY	TIME	DESCRIPTION
Day 0	3 July	Sunday	2 pm	Book in at Sea Shack
Day 1	4 July	Monday	8 am	Breakfast and orientation (Self Catering)
			9 am	Art Session 1 Indoors, program and notes
			1 pm	Lunch – supplied - vegetarian
			2pm	Art Session 2 Indoors
			6 pm	Dinner Voorstrand (6km, optional)
Day 2	5 July	Tuesday	9 am	Art Session 3 Plein Air Art Session outdoors.
			1 pm	Lunch – supplied - vegetarian
			2 pm	Art Session 4 Indoors
			6 pm	Dinner Gaatjie
Day 3	6 July	Wednesday	9 am	Art Session 5 outdoors
			1 pm	Lunch – supplied - vegetarian
			2 pm	Art Session 6 indoors
			7 pm	Dinner Noisy oyster or De Kat
Day 4	7 July	Thursday	9 am	Art Session 7 Indoors - Final
			1 pm	Fish and Seafood Braai at Sea Shack - supplied
				OFF
	8 July	Friday		Return

LUNCH MENUS

Day 1	Monday 4 July	Vegetarian Bake, Warm Winter Salad, and Home-made Bread
Day 2	Tuesday 5 July	Vegetarian Soup, Ratatouille and Moroccan Couscous, and Bread
Day 3	Wednesday 6 July	Vegetarian Curry Pie, Sambals and Roti
Day 4	Thursday 7 July	Seafood Braai with salad and Bread

Drinks are not included. You can buy these in Paternoster town.

Fees:

Retreat dates	Monday 4 July 2022 to Friday 8 July It's vital you are booked and settled by 3 July	TOTALS
Your name and surname		
Please fill and circle the relevant information:		Please complete:
Retreat Option 1	Inclusive and exclusive as specified below INCLUSIVE Accommodation – 1 person per cabin with queen beds Lunch day 1,2,3,4 Tuition and Studio Hire EXCLUSIVE Art Materials, Gratuity, Drinks All meals not mentioned above Transport, insurance	R 8500.00
Retreat Option 1	Ajay's Art Students	R 7650.00
Retreat Option 2	As with Option 1, excluding accommodation	R 5500.00
Transport required (If available)	Yes	No
Materials	Please view Materials Table to calculate total	R
TOTAL		R

Materials Table:

Everything listed below couriered to Paternoster		R
(Couriered to Paternoster) Please fill in and calculate cost. Then enter total amount in the section above.		
Material Detail	Cost per item @ Ajay's	Total
Oil Paints		
Titanium White (or flake, zinc) 75ml or larger	Daler Rowney or similar R 190.00 pax 2	
French Ultramarine 38ml or larger Alizarin Crimson 38ml or larger Pthalo Green 38ml or larger Cadmium Red Light (or orangey/red) 38ml or larger Yellow Ochre or Raw Sienna 38ml or larger Cadmium Yellow 38ml or larger Cerulean Blue 38ml or larger	Daler Rowney or similar R 95.00 each	
Brushes and Pallet Knife		
Only bristle please, not synthetic <u>Bristle Flat or Long Flat, one each</u> #2 #4 #6 #8 #10 <u>Bristle pointed</u> #1 or #2 <u>Pointed brush for detail, synthetic</u> 0, double 0, or triple 0 <u>Flat Nylon Brush 2cm width or larger</u> Pro Art 313HF#10 <u>Palette knife – Diamond # 5 or #6</u>	75.00 95.00 100,00 110.00 140.00 75.00 18.00 40.00 50.00	
Dilutants and Cleaning		
Toilet Paper X 2 Kitchen Cloth or Rags, cut 20 x 20 cm Plastic Jiffy Bags for rubbish Wet wipes 2 x Jam Jars with lids 10cm or higher		NOT SUPPLIED BY ME
Odourless Turps or Artists Spirits 500ML Artist Linseed Oil 100ml or larger	150.00 90.00	
Canvas and supports		
Artboard Stretched Canvas 7x9 inch Deep (or nearest rectangular) x 2 OR Frederics Stretched Canvas 6x9 inch Deep (x2) OR Frederics Stretched Canvas 5x7 inch Deep (x2)	100.00 170.00 160.00	
A4 Canvas Sheets x 5	80.00	
A5 Drawing Diary or copy paper sheets	80.00	
Sundries		

Palette – flat, not welled, larger better. See French Easel below	100.00	
Q Tips	NOT SUPPLIED BY ME	
Masking Tape		
Elastic Bands		
2 x Pencils – B or 2B	25.00	
Sharpener	30.00	
Eraser	30.00	
Bull clips x 2 Large	NOT SUPPLIED BY ME	
French Easel or similar – Includes Legs, compartments, and palette If this option is not possible for you, please call me	2500.00	
Courier		

Payment Table:

Detail	Date	Amount
Securing your place	Now, closes as soon as retreat is full	R 1000.00
Option 1	Before 1 June 2022	R 3250.00
	Remainder 1 July 2022	R 3250.00
	<u>Students of Ajay's:</u>	
	Before 1 June 2022	R 3325.00
Option 2	Remainder 1 July 2022	R 3325.00
	Before 1 June 2022	R 2750.00
	Remainder 1 July 2022	R 2750.00

Bank Details:

EFT	Bank Details: ABSA A Jacobs Account Number: 4062042307 (Checking Account)
Proof of Payment	info@artretreats.co.za

Please fill in as much as possible using this Word File, we support paperless practices. Please do not submit jpegs or photographs.

Your information:

Address		
ID		
Nationality		
WhatsApp Number		
Email Address		
Next of Kin – Name and Number in case of an emergency		
Any Medical Condition		
Facebook name		
Instagram name		
Are you a beginner, intermediate or professional artist?		
What is your favourite medium? (Optional)		
Favourite artists? (Optional)		
Would you like newsletters from me?	Yes	No
Have you taken out travel insurance?	Yes	No

